



SENIOR COMMISSION MEETING AGENDA

June 1, 2026 - 3:30 PM
Los Altos Community Center, Sequoia Room

PARTICIPATION: Members of the public may participate by being present at the Los Altos Community Center, Sequoia Room, 97 Hillview Ave, Los Altos, CA 94022. Public comment is accepted in person at the physical meeting location, or via email to SCPublicComment@losaltosca.gov.

RULES FOR CONDUCT: Pursuant to Los Altos Municipal Code, Section 2.05.010 "Interruptions and rules for conduct": Understanding that the purpose of the commission meetings is to conduct the people's business for the benefit of all the people, in the event that any meeting of the commission is willfully interrupted by a person or group of persons so as to render the orderly conduct of the meeting impossible, the chair, vice chair, or any other member of the commission acting as the chair may order the removal of the person or persons responsible for the disruption and bar them from further attendance at the commission, or otherwise proceed pursuant to Government Code Section 54957.0 or any applicable penal statute or city ordinance.

REMOTE MEETING OBSERVATION: Members of the public may view the meeting via the link below, but will not be permitted to provide public comment via Zoom or telephone. Public comment will be taken in-person, and members of the public may provide written public comment by following the instructions below.

<https://losaltosca-gov.zoom.us/j/93994423318?pwd=zSSSvwuN0a39IgwWi4WaKmNP4CckB1.1>

Webinar ID: 939 9442 3318 / Passcode: 131358

Please note: Personal information, such as email addresses, telephone numbers, home addresses, and other contact information are not required to be included with your comments. If this information is included in your written comments, they will become part of the public record. Redactions and/or edits will not be made to public comments, and the comments will be posted as they are submitted. Please do not include any information in your communication that you do not want to be made public.

The Chair will open public comment and will announce the length of time provided for comments during each item.

AGENDA

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes**
Approve minutes of the regular Senior Commission meeting of May 4, 2026.
2. **Spring Fling**
Staff recommends to review and debrief the event to inform future improvements.
3. **Senior Commission Health Fair**
Staff recommends that the Senior Commission select and finalize a focus for the event, and to approve a recommendation to request the Town of Los Altos Hills to provide food and refreshments for the event in an amount not to exceed \$1,500.

INFORMATIONAL ITEMS

4. **Flyers**
5. **Staff Oral Reports**
Receive information and announcements from Town of Los Altos Hills and city of Los Altos staff

COMMISSION/SUB-COMMITTEE REPORTS

6. **Sourcewise Representative**

REQUESTS FOR FUTURE AGENDA ITEMS

ADJOURNMENT

SPECIAL NOTICES TO THE PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with 10 copies of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, MAY 4, 2026, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:33 P.M., Olson called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Basiji, Olson, Gallagher Thompson

ABSENT: Dixit

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the regular Senior Commission meeting of February 2, 2026.
Approve minutes of the joint meeting of Monday, April 27, 2026.

Public Comment: None

Action: Upon a motion by Olson, seconded by Gallagher Thompson, the Senior Commission approved the minutes of the regular meeting of February 2, 2026.

Approve: Basiji, Gallagher Thompson, Olson

Oppose: None

Absent: Dixit

Abstention: None

Motion passed unanimously: 3-0-1-0

Action: Upon a motion by Olson, seconded by Gallagher Thompson, the Senior Commission approved the minutes of the joint meeting of Monday, April 27, 2026.

Approve: Basiji, Gallagher Thompson, Olson

Oppose: None

Absent: Dixit

Abstention: None

Motion passed unanimously: 3-0-1-0

2. **Work Plan and Joint City Council and Senior Commission Meeting:** Review and debrief City Council comments from the joint City Council/Senior Commission meeting on Tuesday, March 10, 2026.

Public Comment: None

3. **Spring Fling:** Received staff report and ad hoc subcommittee verbal report, discussed event support.

Public Comment: None

4. **Senior Commission Health Fair:** Discussed logistics for the Live Well Age Well Health Expo.

INFORMATIONAL ITEMS

5. **Flyers:** Informational flyers received.

Public Comment: None

6. **Staff Oral Reports:** Received information and announcements from city of Los Altos staff.

Public Comment: None

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. Sourcewise representative, Commissioner Gallagher Thompson provided a verbal report.

8. **Future Agenda Items:**
 - A. Sourcewise report
 - B. Work Plan
 - C. Spring Fling
 - D. Health Fair
 - E. Discuss how to reach people with access & functional needs (AFN)
 - F. Emergency Preparedness

Public Comment: None

ADJOURNMENT: At 4:50 P.M., Monday, May 5, 2026, Olson adjourned the meeting.

Senior Commission Staff Report



Meeting Date: June 1, 2026

Prepared By: Jaime Chew

Subject: Spring Fling

RECOMMENDATION

Staff recommends to review and debrief the event to inform future improvements.

BACKGROUND

At the November 3, 2025, Senior Commissioner regular meeting, the Commission approved hosting a Spring Fling event in 2026. Additionally, at the February 2, 2026 Senior Commission regular meeting the ad hoc subcommittee of Commissioners Olson and Dixit was formed to manage the overall coordination of the event. City staff has reserved the Grand Oak Room and courtyard to facilitate the various elements of the event.

DISCUSSION

Fiscal Impact:

\$2,500 had been allocated for this event.

The breakdown of costs was as follows:

- Food - \$1000
- Beverages/supplies - \$1250
- Marketing - \$250

The city provided the following event support:

- Event staff
- Grand Oak Room and courtyard
- Room set up to include tables, cocktail tables, chairs, tablecloths
- Decorations
- Food
- Pre-registration process
- Standard city marketing (webpages, e-newsletters, Community Center monitors, social media, flyers, posters, ad)

Event summary is as follows:

- Total attendance - 75

- Registration through CivicRec - 23
- RSVP through Club 55 - 47
- Drop in at the door - 38

The Senior Commission should review and debrief the event to inform future improvements.

ATTACHMENTS

None

Senior Commission Staff Report



Meeting Date: June 1, 2026

Prepared By: Jaime Chew

Subject: Senior Commission Health Fair

RECOMMENDATION

Staff recommends that the Senior Commission select and finalize a focus for the event, and to approve a recommendation to request the Town of Los Altos Hills to provide food and refreshments for the event in an amount not to exceed \$1,500.

BACKGROUND

Summary

- The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm.
- At the November 3, 2025, Senior Commission regular meeting, the Commission added hosting another health fair in 2026 to the October 2025 – September 2026 work plan.
- At the March 2, 2026, Senior Commission regular meeting, the Commission selected Tuesday, September 15, from 12pm – 3pm as the date and time of the next Live Well Age Well Health Expo.

Last Year's Event

The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm. The focus of last year's event centered around cognitive health and preventative care. The event summary was as follows:

Please see below for a summary of the event:

- Total Attendees: 250 – 300
- Completed Bingo Cards: 75
- Completed Feedback Surveys: 16

Additional Comments on Topic Suggestions

- Coordinate with surrounding cities for regional emergency preparedness.
- Provide info on where to look for help in various emergency situations (psychological/social support services that do not require insurance).
- Technology classes for seniors.
- Instructions on how to ride public transportation and where to find community

transportation outlets (VTA).

- Education, TED Talks (similar), travel, music, and self-defense.
- Interested in financial topics: retirement, government programs, insurance offerings for seniors.
- Would like to see topics on aging: fall prevention, recognizing signs of cognitive decline, etc.
- Case management.

Additional Comments

- Bingo cards were great for engagement!
- Publish list of exhibitors & have expo longer.
- Nice mix of exhibitors!
- Exhibitors & lectures at same time were overwhelming. Not enough time to chat with exhibitors & attend presentations. (2 comments on this)
- Great expo! Suggestion to add info for younger generation to help older parents needs (prevention/emergencies).
- Enjoyed refreshments & gained information!

DISCUSSION

Fiscal Impact:

The anticipated budget for the event is \$5,000.

The anticipated breakdown of costs will be as follows:

- Giveaway - \$1,800
- Banner - \$500
- Ads - \$1,200
- A-frame signs - \$500
- Event supplies - \$1,000

The budget for this event will be approved with the adoption of the FY 2026 – 2027 budget which is anticipated for June 2026. Pending the approved recommendation by the Commission, the Town of Los Altos Hills will provide food and refreshments for the event in an amount not to exceed \$1,500.

The Senior Commission should finalize a focus for the event to inform speakers for the presentations and vendor selection. The Commission should also approve a recommendation to request the Town of Los Altos Hills to provide food and refreshments for the event in an amount not to exceed \$1,500.

ATTACHMENTS

None



City of Los Altos Parks & Recreation
Adult 50+ Program

ICE CREAM PARTY MEET-UP

Wednesday, June 3 • 11 AM - 1 PM
Grant Park Multipurpose Room

1575 Holt Avenue, Los Altos

FREE!



**REGISTRATION
REQUIRED**

Join the Adult 50+ Community for Mr. Softee's soft-serve ice cream cones and sundaes! It's the perfect summertime treat — don't miss out!



**Register online at LosAltosRecreation.org
or call the Adult 50+ Program at (650) 947-2797**



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

10 AM -
1 PM

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FREE!

FEBRUARY

7

SPORTS SPECTACULAR

APRIL

18

TRAVEL & TRANSPORT

JUNE

6

SUMMER KICKOFF

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



santa clara
county
library district



City of Los Altos
Parks & Recreation

CHILDCARE

Subsidy Program

The city of Los Altos is now offering a program to support Santa Clara County's initiative for affordable childcare. The program will provide 50% subsidy of the program fee up to \$10,000 per family household. Applications are accepted and approved on a first come first served basis until all funds have been allocated.

Eligibility:

- Residents of Los Altos or city of Los Altos employees
- Household meets HUD (Housing and Urban Development) income limits
- Participant must be preschool-age of 2 – 5 years old



Questions?

(650) 947-2790

Rec-Info@losaltosca.gov

Learn More

LosAltosRecreation.org

Or scan the QR code

