



SENIOR COMMISSION MEETING AGENDA

May 4, 2026 - 3:30 PM
Los Altos Community Center, Sequoia Room

PARTICIPATION: Members of the public may participate by being present at the Los Altos Community Center, Sequoia Room, 97 Hillview Ave, Los Altos, CA 94022. Public comment is accepted in person at the physical meeting location, or via email to SCPublicComment@losaltosca.gov.

RULES FOR CONDUCT: Pursuant to Los Altos Municipal Code, Section 2.05.010 "Interruptions and rules for conduct": Understanding that the purpose of the commission meetings is to conduct the people's business for the benefit of all the people, in the event that any meeting of the commission is willfully interrupted by a person or group of persons so as to render the orderly conduct of the meeting impossible, the chair, vice chair, or any other member of the commission acting as the chair may order the removal of the person or persons responsible for the disruption and bar them from further attendance at the commission, or otherwise proceed pursuant to Government Code Section 54957.0 or any applicable penal statute or city ordinance.

REMOTE MEETING OBSERVATION: Members of the public may view the meeting via the link below, but will not be permitted to provide public comment via Zoom or telephone. Public comment will be taken in-person, and members of the public may provide written public comment by following the instructions below.

<https://losaltosca-gov.zoom.us/j/99652424342?pwd=gAUpZKS3b5saiaoMzkvbwraTbB3IJ.1>

Webinar ID: 996 5242 4342 / Passcode: 413366

Please note: Personal information, such as email addresses, telephone numbers, home addresses, and other contact information are not required to be included with your comments. If this information is included in your written comments, they will become part of the public record. Redactions and/or edits will not be made to public comments, and the comments will be posted as they are submitted. Please do not include any information in your communication that you do not want to be made public.

The Chair will open public comment and will announce the length of time provided for comments during each item.

AGENDA

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes**
Approve minutes of the regular Senior Commission meeting of February 2, 2026.
Approve minutes of the joint meeting of Monday, April 27, 2026.
2. **Work Plan and Joint City Council and Senior Commission Meeting**
Review and debrief City Council comments from the joint City Council/Senior Commission meeting on Tuesday, March 10, 2026.
3. **Spring Fling**
Staff recommends to receive the staff and ad hoc subcommittee report, and prepare for the event as appropriate.
4. **Senior Commission Health Fair**
Staff recommends that the Senior Commission discuss and finalize the event theme, and select an ad hoc subcommittee and/or working pairs to work on event logistics for the Live Well Age Well Health Expo.

INFORMATIONAL ITEMS

5. **Flyers**
6. **Staff Oral Reports**
Receive information and announcements from Town of Los Altos Hills and city of Los Altos staff

Sourcewise Representative

COMMISSION/SUB-COMMITTEE REPORTS

REQUESTS FOR FUTURE AGENDA ITEMS

ADJOURNMENT

SPECIAL NOTICES TO THE PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with 10 copies of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, MARCH 2, 2026, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:32 P.M., Olson called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Dixit, Olson, Gallagher Thompson

ABSENT: Basiji, Trapnell

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the regular Senior Commission meeting of February 2, 2026.

Public Comment: None

Action: Upon a motion by Dixit, seconded by Gallagher Thompson, the Senior Commission approved the minutes of the regular meeting of February 2, 2026.

Approve: Dixit, Gallagher Thompson, Olson

Oppose: None

Absent: Basiji, Trapnell

Abstention: None

Motion passed unanimously: 3-0-2-0

2. **Work Plan and Joint City Council and Senior Commission Meeting:** Finalize October 2025 – September 2026 work plan and prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, March 10, 2026.

Public Comment: None

Action: Upon a motion by Gallagher Thompson, seconded by Dixit, the Senior Commission approved the 2025-26 Work Plan with updates for Mayor Meadows to present to Council at the Joint City Council and Senior Commission Meeting.

Approve: Dixit, Gallagher Thompson, Olson

Oppose: None

Absent: Basiji, Trapnell

Abstention: None

Motion passed unanimously: 3-0-2-0

3. **Senior Commission Health Fair:** Staff recommends that the Senior Commission select a date and time to host the Senior Commission Health Fair, and select an ad hoc subcommittee and/or working pairs to prepare for work on event.

Public Comment: None

Action: Upon a motion by Olson, seconded by Dixit, the Senior Commission selected Tuesday, September 15, 2026 from 12-3 at the Los Altos Community Center for the date of the Senior Commission Health Fair.

Approve: Dixit, Gallagher Thompson, Olson

Oppose: None

Absent: Basiji, Trapnell

Abstention: None

Motion passed unanimously: 3-0-2-0

INFORMATIONAL ITEMS

4. **Spring Fling:** Receive update from staff and ad hoc subcommittee

Public Comment: None

5. **Flyers:** Informational flyers received.

Public Comment: None

6. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and city of Los Altos staff.

Public Comment: None

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. **Future Agenda Items:**

A. Sourcewise report

B. Work Plan

C. Spring Fling

D. Health Fair

E. Discuss how to reach people with access & functional needs (AFN)
(June/July)

Public Comment: None

ADJOURNMENT: At 4:56 P.M., Monday, March 2, 2026, Olson adjourned the meeting.



**CITY OF LOS ALTOS
JOINT PARC, SENIOR, LIBRARY, AND
ENVIRONMENTAL COMMISSION
MEETING MINUTES
WEDNESDAY, APRIL 27, 2026, 6:00 p.m.**

1 N. San Antonio Rd., Los Altos, CA

CALL MEETING TO ORDER: Brittany Whitehill, Senior Planner, called the meeting to order at 6:00 p.m.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

There was no public comment.

DISCUSSION

1. Study Session - Comprehensive General Plan Update – Community Visioning and Guiding Principles

Discuss the community vision and guiding principles associated with Phase 1 of the Los Altos Comprehensive General Plan Update.

Andrew Hill from Dyett and Bhatia gave a presentation.

PARC COMMISSION

ESTABLISH QUORUM: Five PARC Commissioners were present and in person during the meeting. Vice Chair Ngyuen was absent.

The PARC Commissioners discussed the item.

LIBRARY COMMISSION

ESTABLISH QUORUM: Four Library Commissioners were present and in person during the meeting. Chair Morris was absent.

The Library Commissioners discussed the item.

SENIOR COMMISSION

ESTABLISH QUORUM: Three Senior Commissioners were present and in person during the meeting. Commissioner Basiji and Vice Chair Trapnell was absent.

The Senior Commissioners discussed the item.

ENVIRONMENTAL COMMISSION

ESTABLISH QUORUM: Four Environmental Commissioners were present and in person during the meeting. Commissioner Hecht and Vice Chair Nee were absent.

The Environmental Commissioners discussed the item.

PUBLIC COMMENT

Senior Planner Brittany Whitehill opened the public comment period.

Laura Fay and Maria Bautista from the public spoke.

Senior Planner Brittany Whitehill closed the public comment period.

POTENTIAL FUTURE AGENDA ITEMS – Senior Planner Brittany Whitehill shared methods for community members to share.

ADJOURNMENT – The meeting adjourned at 8:46 p.m.

The Meeting recording may be viewed via the following external website: <https://www.youtube.com/@CityofLosAltosCA>. The City of Los Altos does not own or operate YouTube. The video referenced on these minutes were live at the time the minutes were published.

Senior Commission Staff Report



Meeting Date: May 4, 2026

Prepared By: Jaime Chew

Subject: Work Plan and Joint City Council and Senior Commission Meeting

RECOMMENDATION

Review and debrief City Council comments from the joint City Council/Senior Commission meeting on Tuesday, March 10, 2026.

BACKGROUND

Per the Commission Handbook:

When a commission work plan is necessary each commission shall discuss and prepare its annual work plan based upon the City Council annual priorities and budget, which shall be submitted and approved by the City Council. The work plan is a list of the anticipated topics, assignments and goals that the commission will focus on over a 12-month period. From time to time the City Council may amend the approved commission work plan in order to achieve the goals of the city. Any requested modifications should be in line with the goals and objectives of the commission and the city.

DISCUSSION

The Senior Commission will need to review and debrief City Council comments from the joint City Council and Senior Commission meeting on Tuesday, March 10, 2026, at 6pm. These comments should be incorporated in the October 2025 – September 2026 work plan.

ATTACHMENTS

1. Attachment 1 - Work Plan

Senior Commission

2025 - 26 Work Plan

(October 2025 - September 2026)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes
Social Participation	Collaborate with Club 55 and Adult 50+ Program to host a Spring Fling in May	May 2026	Commission	In Progress	Ad Hoc Subcommittee Dixit, Olson	Date has been confirmed for Friday, May 15
					Working Pair Gallagher Thompson, Olson	Marketing
Community Support and Health Care Services	Host a Health Fair	September 2026	Commission	In Progress		Include Emergency Preparedness topics and vendors Date has been confirmed for Tuesday, September 15
Outreach and Marketing	Increase participation in Adult 50+ programs and activities		Commission			Example: Chair Yoga at the Los Altos Community Center which has low participation
	Market to increase community awareness of programs and services					
	Outreach to isolated seniors with regard to emergency preparedness and engagement in activity and service opportunities		Commission/ City Council			

Senior Commission
2025 - 26 Work Plan
(October 2025 - September 2026)

	Host emergency preparedness presentations after luncheons (2-3)		Commission			Work with Adult 50+ staff to schedule
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Senior Commission **2025 - 26 Work Plan** (October 2025 - September 2026)

October 6, 2025	November 3, 2025	December - No Meeting	January 5, 2026	February 2, 2026	March 2, 2026
No Meeting	Reorganization Work Plan		Work Plan	Work Plan Spring Fling	Work Plan Spring Fling Health Fair

April 6, 2026	May 4, 2026	June 1, 2026	July - No Meeting	August 3, 2026	September 14, 2026
Spring Fling Health Fair Outreach & Marketing	Spring Fling Health Fair Outreach & Marketing	Health Fair Outreach & Marketing		Health Fair Outreach & Marketing	Health Fair Outreach & Marketing

Senior Commission Staff Report



Meeting Date: May 4, 2026

Prepared By: Jaime Chew

Subject: Spring Fling

RECOMMENDATION

Staff recommends to receive the staff and ad hoc subcommittee report, and prepare for the event as appropriate.

BACKGROUND

At the November 3, 2025, Senior Commissioner regular meeting, the Commission approved hosting a Spring Fling event in 2026. Additionally, at the February 2, 2026 Senior Commission regular meeting the ad hoc subcommittee of Commissioners Olson and Dixit was formed to manage the overall coordination of the event. City staff has reserved the Grand Oak Room and courtyard to facilitate the various elements of the event.

DISCUSSION

Fiscal Impact:

\$2,500 has been allocated for this event.

The anticipated breakdown of costs will be as follows:

- Food - \$1000
- Beverages/supplies - \$1250
- Marketing - \$250

The city will provide the following event support:

- Event staff
- Grand Oak Room and courtyard
- Room set up to include tables, cocktail tables, chairs, tablecloths
- Decorations
- Food
- Pre-registration process
- Standard city marketing (webpages, e-newsletters, Community Center monitors, social media, flyers, posters, ad)

The Senior Commission should receive and discuss the staff and ad hoc subcommittee reports, and prepare event logistics for the Spring Fling as appropriate. Recommended next steps include:

confirm commissioner attendance and assign distribution of marketing materials at select locations.

ATTACHMENTS

1. Attachment 1 - Spring Fling Flyer



City of Los Altos Parks & Recreation
Los Altos/Los Altos Hills Senior Commission



SPRING FLING

Friday, May 15 • 6 - 9 PM

Los Altos Community Center
Grand Oak Room & Courtyard
97 Hillview Avenue

LIVE MUSIC FROM JAZZ BEFORE MIDNIGHT

CLUB 55 IS A PROGRAM OF LOS ALTOS FORWARD. LOS ALTOS FORWARD
IS A PROJECT OF THE LOS ALTOS MOUNTAIN VIEW COMMUNITY
FOUNDATION'S LOCAL IMPACT COLLECTIVE.

RSVP: LosAltosRecreation.org or scan the QR code

\$10 PER
ATTENDEE

QUESTIONS?

(650) 947-2797 • rec-info@losaltosca.gov



Senior Commission Staff Report



Meeting Date: May 4, 2026

Prepared By: Jaime Chew

Subject: Senior Commission Health Fair

RECOMMENDATION

Staff recommends that the Senior Commission discuss and finalize the event theme, and select an ad hoc subcommittee and/or working pairs to work on event logistics for the Live Well Age Well Health Expo.

BACKGROUND

Summary

- The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm.
- At the November 3, 2025, Senior Commission regular meeting, the Commission added hosting another health fair in 2026 to the October 2025 – September 2026 work plan.
- At the March 2, 2026, Senior Commission regular meeting, the Commission selected Tuesday, September 15, from 12pm – 3pm as the date and time of the next Live Well Age Well Health Expo.

Last Year's Event

The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm. The focus of last year's event centered around cognitive health and preventative care. The event summary was as follows:

Please see below for a summary of the event:

- Total Attendees: 250 – 300
- Completed Bingo Cards: 75
- Completed Feedback Surveys: 16

Additional Comments on Topic Suggestions

- Coordinate with surrounding cities for regional emergency preparedness.
- Provide info on where to look for help in various emergency situations (psychological/social support services that do not require insurance).
- Technology classes for seniors.
- Instructions on how to ride public transportation and where to find community

- transportation outlets (VTA).
- Education, TED Talks (similar), travel, music, and self-defense.
- Interested in financial topics: retirement, government programs, insurance offerings for seniors.
- Would like to see topics on aging: fall prevention, recognizing signs of cognitive decline, etc.
- Case management.

Additional Comments

- Bingo cards were great for engagement!
- Publish list of exhibitors & have expo longer.
- Nice mix of exhibitors!
- Exhibitors & lectures at same time were overwhelming. Not enough time to chat with exhibitors & attend presentations. (2 comments on this)
- Great expo! Suggestion to add info for younger generation to help older parents needs (prevention/emergencies).
- Enjoyed refreshments & gained information!

DISCUSSION

Fiscal Impact:

The anticipated budget for the event is \$5,000.

The anticipated breakdown of costs will be as follows:

- Giveaway - \$1800
- Banner - \$500
- Ads - \$1200
- A-frame signs - \$500
- Event supplies - \$1000

The Town of Los Altos Hills sponsored the food. Staff will need to confirm if Los Altos Hills will sponsor the food again. The budget for this event will be approved with the adoption of the FY 2026 – 2027 budget which is anticipated for June 2026.

The Senior Commission should discuss and finalize the focus or theme of this year's event, and form an ad hoc subcommittee and/or working pairs to work on event logistics. Based upon participant feedback from the first Live Well Age Well Health Expo, staff recommends that the Senior Commission consider simplifying the event components by reducing the number of presentations. This will allow a longer timeframe and more in depth sessions, in addition to providing more time for participants to view the vendor exhibition.

ATTACHMENTS

None



City of Los Altos Parks & Recreation



POP-UP **NIGHTCLUB**

Hosted by the Los Altos Adult 50+ Program and Club 55



ENJOY FOOD, REFRESHMENTS, MUSIC, FRIENDS, & COMMUNITY!

★ **APRIL 17** ★ **MAY 15 *** ★ **JUNE 26** ★ **JULY 17**
★ **AUGUST 21** ★ **SEPTEMBER 18** ★ **OCTOBER 16**

LOS ALTOS COMMUNITY CENTER

Grand Oak Room & Courtyard
97 Hillview Ave

6-8:30 PM

★ * SENIOR COMMISSION COLLABORATION POP-UP FROM 6-9 PM ★

RSVP: Club55LosAltos@gmail.com | Learn More: LosAltosForward.org

CLUB 55 IS A PROGRAM OF LOS ALTOS FORWARD. LOS ALTOS FORWARD IS A PROJECT OF THE LOS ALTOS MOUNTAIN VIEW COMMUNITY FOUNDATION'S LOCAL IMPACT COLLECTIVE.

ADULT 50+ PROGRAM MEET-UP

MUSIC ^{IN THE} AFTERNOON

Tuesday, 5/19 12:30 - 2:45 PM

SPECIAL LIVE
PERFORMANCE



Ticket
\$10



FREE for
Passport Members



DON'T MISS AN UNFORGETTABLE AFTERNOON AT THE OSHMAN FAMILY JEWISH COMMUNITY CENTER! ENJOY A LIVE PERFORMANCE BY THE FRICTION QUARTET, FEATURING HAYDN OP. 76 NO. 6 & PROKOFIEV STRING QUARTET NO. 2.

EXPERIENCE SOARING MELODIES, BOLD FANFARES, AND EMOTIONAL DEPTH. AFTER THE PERFORMANCE, STICK AROUND FOR COMPLIMENTARY REFRESHMENTS AND MINGLE WITH FRIENDS OLD AND NEW.

**(650) 947-2797 | ADULT50PLUS@LOSALTOSCA.GOV | LOSALTOSRECREATION.ORG
LOCATION & PARKING INFO PROVIDED UPON REGISTRATION**





City of Los Altos Parks & Recreation
Adult 50+ Program

ICE CREAM PARTY MEET-UP

Wednesday, June 3 • 11 AM - 1 PM
Grant Park Multipurpose Room

1575 Holt Avenue, Los Altos

FREE!



**REGISTRATION
REQUIRED**

Join the Adult 50+ Community for Mr. Softee's soft-serve ice cream cones and sundaes! It's the perfect summertime treat — don't miss out!



**Register online at LosAltosRecreation.org
or call the Adult 50+ Program at (650) 947-2797**



ADULT 50+ PROGRAM

HAWAIIAN LUAU LUNCHEON

Join us for a special themed gathering with enhanced food, decor, and entertainment.

Wednesday, August 26
11:30 AM - 1:30 PM



Los Altos Community Center
Grand Oak Room

Registration Required:
(650) 947-2797 or
losaltosca.gov/parksrec



SOAK UP THE SUMMER VIBES



THURSDAYS*

6:30 — 8 PM

ALWAYS FREE!

Catch grooves all summer long - bring a blanket and food, and make your evenings unforgettable.

Grant Park Soccer Field 1575 Holt Ave

- 6/13* Peninsula Symphony (Special Sat Performance)
- 6/18 Big Band Beat (Rock & Soul)
- 6/25 Mercy & The Heartbeats (Dance)
- 7/09 Carnaval (Santana Tribute Band)

Hillview Soccer Field 97 Hillview Ave

- 7/16 Smokin' Slice of Mojo (Soul/R&B)
- 7/23 Petty Theft (Tom Petty Tribute Band)
- 7/30 Mustache Harbor (Yacht Rock)

LosAltosRecreation.org or (650) 947-2790 for more information

Sponsors make
the Summer Shine!

DEBRA AHN
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KAREN DRUKER

Edward Jones
Cynthia A. Wemyss, CFP®, ChFC®

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Helping students achieve their potential and thrive

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DONNA J. VERNA
NCG, CLIPF

LOS ALTOS PARKS & RECREATION



REDWOOD GROVE SUMMER CAMP



ADVENTURE
THROUGH REDWOOD GROVE

**JUNE 15 -
AUGUST 7**

**REGISTER
HERE!**



**AGES
3.5 - 11
YEARS**



**OUTDOOR GAMES | STORYTELLING | MUSIC
CRAFTS | NATURE-BASED ACTIVITIES**

(650) 947-2790
rec-info@losaltosca.gov
LosAltosRecreation.org

**Parks
Make
Life
Better!**



**AGES
3.5 - 4
YEARS**

CAMP JELLY BEAN

Camp Jelly Bean is an introductory day camp especially designed for our youngest adventurers! This charming camp provides a natural and secure storybook setting for our littlest campers.



**6/15 - 6/18 | Under the Sea
6/22 - 6/26 | Superhero Training Camp
6/29 - 7/2 | Pirates and Princesses
7/6 - 7/10 | Little Chefs**



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

10 AM -
1 PM

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FREE!

FEBRUARY

7

SPORTS SPECTACULAR

APRIL

18

TRAVEL & TRANSPORT

JUNE

6

SUMMER KICKOFF

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



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