



SENIOR COMMISSION MEETING AGENDA

March 2, 2026 - 3:30 PM
Los Altos Community Center, Sequoia Room

PARTICIPATION: Members of the public may participate by being present at the Los Altos Community Center, Sequoia Room, 97 Hillview Ave, Los Altos, CA 94022. Public comment is accepted in person at the physical meeting location, or via email to SCPublicComment@losaltosca.gov.

RULES FOR CONDUCT: Pursuant to Los Altos Municipal Code, Section 2.05.010 "Interruptions and rules for conduct": Understanding that the purpose of the commission meetings is to conduct the people's business for the benefit of all the people, in the event that any meeting of the commission is willfully interrupted by a person or group of persons so as to render the orderly conduct of the meeting impossible, the chair, vice chair, or any other member of the commission acting as the chair may order the removal of the person or persons responsible for the disruption and bar them from further attendance at the commission, or otherwise proceed pursuant to Government Code Section 54957.0 or any applicable penal statute or city ordinance.

REMOTE MEETING OBSERVATION: Members of the public may view the meeting via the link below, but will not be permitted to provide public comment via Zoom or telephone. Public comment will be taken in-person, and members of the public may provide written public comment by following the instructions below.

<https://losaltosca-gov.zoom.us/j/98310738685?pwd=93SneoScolYhOFKkkMkXaiYthOk42q.1>

Webinar ID: 983 1073 8685 / Passcode: 567712

Please note: Personal information, such as email addresses, telephone numbers, home addresses, and other contact information are not required to be included with your comments. If this information is included in your written comments, they will become part of the public record. Redactions and/or edits will not be made to public comments, and the comments will be posted as they are submitted. Please do not include any information in your communication that you do not want to be made public.

The Chair will open public comment and will announce the length of time provided for comments during each item.

AGENDA

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes**
Approve minutes of the regular Senior Commission meeting of February 2, 2026.
2. **Work Plan and Joint City Council and Senior Commission Meeting**
Finalize the October 2025 – September 2026 work plan and prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, March 10, 2026.
3. **Senior Commission Health Fair**
Staff recommends that the Senior Commission select a date and time to host the Senior Commission Health Fair, and select an ad hoc subcommittee and/or working pairs to prepare for work on event logistics.

INFORMATIONAL ITEMS

4. **Spring Fling**
Receive update from staff and ad hoc subcommittee.
5. **Flyers**
6. **Staff Oral Reports**

COMMISSION/SUB-COMMITTEE REPORTS

REQUESTS FOR FUTURE AGENDA ITEMS

ADJOURNMENT

SPECIAL NOTICES TO THE PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with 10 copies of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



Senior Commission Staff Report

Meeting Date: March 2, 2026

Prepared By: Candace Avina

Subject: Minutes

RECOMMENDATION

Approve minutes of the regular Senior Commission meeting of February 2, 2026.

BACKGROUND

DISCUSSION

ATTACHMENTS

1. Item 1 - Draft Minutes of 2.2.26



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, FEBRUARY 2, 2026, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:32 P.M., Olson called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Basiji, Dixit, Olson

ABSENT: Trapnell

LATE: Gallagher Thompson

VIRTUAL: Dixit

Motion by Commissioners to allow Commissioner Dixit to teleconference into the meeting under AB 2449 due to “emergency circumstances.”

Public Comment: None

Action: Upon a motion by Olson, seconded by Basiji approved Commissioner Dixit’s remote participation.

Approve: Basiji, Olson

Oppose: None

Absent: Trapnell, Gallagher Thompson

Abstention: Dixit

Motion passed unanimously: 2-0-0-1

Commissioner Gallagher Thompson joined the meeting at 3:34p.m.

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the regular Senior Commission meeting of November 3, 2025.

Public Comment: None

Action: Upon a motion by Basiji, seconded by Gallagher Thompson, the Senior Commission approved the minutes of the regular meeting of November 3, 2025.

Approve: Dixit, Gallagher Thompson, Olson

Oppose: None

Absent: Trapnell

Abstention: Basiji

Motion passed unanimously: 3-0-1-1

2. **Work Plan and Joint City Council and Senior Commission Meeting:** Finalize the October 2025 – September 2026 work plan and prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, March 10, 2026

Public Comment: None

Action: Commissioners confirmed the October 2025 – September 2026 work plan to include the Club 55 Spring Fling, Outreach & Marketing of Adult 50+ programming and Health Fair. Isolated adults age 50+ and emergency preparedness will be highlighted in events throughout the year.

3. **Spring Fling:** Discuss Club 55/Senior Commission Spring Fling and select an ad hoc subcommittee or working pairs to plan event logistics.

Public Comment: None

Action: Upon a motion by Olson, seconded by Gallagher Thompson created an ad-hoc committee consisting of Olson and Dixit to coordinate the Spring Fling with Club 55 and city staff.

INFORMATIONAL ITEMS

4. **Flyers:** Informational flyers received.

Public Comment: None

5. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and city of Los Altos staff.

Public Comment: None

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

6. **Future Agenda Items:**
 - A. Work Plan
 - B. Spring Fling
 - C. Health Fair

Public Comment: None

ADJOURNMENT:

At 4:23 P.M., Monday, February 2, 2026, Olson adjourned the meeting.

Senior Commission Staff Report



Meeting Date: March 2, 2026

Prepared By: Jaime Chew

Subject: Work Plan and Joint City Council and Senior Commission Meeting

RECOMMENDATION

Finalize the October 2025 – September 2026 work plan and prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, March 10, 2026.

BACKGROUND

Per the Commission Handbook:

When a commission work plan is necessary each commission shall discuss and prepare its annual work plan based upon the City Council annual priorities and budget, which shall be submitted and approved by the City Council. The work plan is a list of the anticipated topics, assignments and goals that the commission will focus on over a 12-month period. From time to time the City Council may amend the approved commission work plan in order to achieve the goals of the city. Any requested modifications should be in line with the goals and objectives of the commission and the city.

DISCUSSION

The Senior Commission will need to finalize their work plan and prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, March 10, 2026, at 6pm. Each commission will receive approximately 10 minutes to review past accomplishments and present their drafted work plan for the October 2025 – September 2026 term.

ATTACHMENTS

1. Attachment 1 - 2025-2026 Work Plan
2. Attachment 2 - 2024-2025 Work Plan

Senior Commission
2025 - 26 Work Plan
(October 2025 - September 2026)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes
Social Participation	Collaborate with Club 55 and Adult 50+ Program to host a Spring Fling in May	May 2026	Commission	In Progress	Ad Hoc Subcommittee Dixit, Olson	Date has been confirmed for Friday, May 15
Community Support and Health Care Services	Host a Health Fair	Fall 2026	Commission			Include Emergency Preparedness topics and vendors
Outreach and Marketing	Increase participation in the Adult 50+ Chair Yoga program at the Community Center		Commission			
	Outreach to isolated seniors to increase awareness of emergency preparedness educational opportunities		Commission/ City Council			
	Host emergency preparedness presentations after luncheons (2-3)		Commission			Work with Adult 50+ staff to schedule

Senior Commission **2025 - 26 Work Plan** (October 2025 - September 2026)

October 6, 2025	November 3, 2025	December - No Meeting	January 5, 2026	February 2, 2026	March 2, 2026
No Meeting	Reorganization Work Plan		Work Plan	Work Plan Spring Fling	Spring Fling Health Fair

April 6, 2026	May 4, 2026	June 1, 2026	July - No Meeting	August 3, 2026	September 14, 2026
Spring Fling Outreach & Marketing	Spring Fling Health Fair	Health Fair Outreach & Marketing		Health Fair Outreach & Marketing	Health Fair Outreach & Marketing

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes
Outdoor Spaces and Building						
Transportation	Write a letter to El Camino Healthcare District Board regarding the RoadRunner Program	November 2024	Community input	Completed	Buchholz, Gallagher Thompson	Individual letters were written in lieu of a formal letter due to Council being the legislative body that should approve a letter being sent by the city
Housing						
Social Participation	Collaborate with Adult 50+ staff to increase participation in programs and activities	October 2024		Completed	Nagao, Olson	
	Collaborate with Club 55 and Adult 50+ Program to expand the October Club 55 event to a Halloween themed Fall Fling	October 2025	Commission	Completed	Ad Hoc Subcommittee Olson, Trapnell	event overview
				Completed	Working Pair Club 55, Gallagher Thompson	food/refreshments
				Completed	Working Pair Gallagher Thompson, Olson	activities
				Completed	Working Pair Trapnell	marketing

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

				Completed	Working Pair, Buchholz	prize donations
	Collaborate with Club 55 and Adult 50+ Program to host a Spring Fling in April	April 2026	Commission			Planning of this event will be based upon the Fall Fling
Respect and Social Inclusion						
Civic Participation and Employment						
Communication and Information						
Community Support and Health Care Services	Host a Health Fair	September / October 2025	Commission	Completed	Ad Hoc Subcommittee Basiji, Buchholz, Gallagher Thompson	Two dates have been reserved at the Los Altos Community Center 1. Tuesday, September 9 2. Tuesday, October 7 Final date will be based upon availability of speakers and vendors
			Commission	Completed	Working Pair Dixit, Olson	Contact vendors
			Commission	Completed	Working Pair Dixit, Gallagher Thompson	Work with city staff on refreshments for the event
			Commission	Completed	Working Pair Dixit, Buchholz	Work with city staff on event layout and flow

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

			Commission	Completed	Working Pair Olson, Trapnell	Work with city staff on marketing content creation
			Commission	Completed	Work Pair Olson, Trapnell	Work with city staff on give away
Emergency Preparedness						

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

October 7, 2024	November 4, 2025	December - No Meeting	January 6, 2025	February 3, 2025	March 3, 2025
Reorganization	Work Plan		Work Plan	Work Plan	Health Fair
Age Friendly Action Plan	Meeting Schedule		Health Fair		Fall Fling
Work Plan	Health Fair				
Transportation Alternative Options to RoadRunners	Age Friendly				

April 7, 2025	May 5, 2025	June 2, 2025	July - No Meeting	August 4, 2025	September 8, 2025
Health Fair	Health Fair	Health Fair		Health Fair	Health Fair
Fall Fling	Fall Fling	Fall Fling		Fall Fling	Fall Fling

Senior Commission Staff Report



Meeting Date: March 2, 2026

Prepared By: Jaime Chew

Subject: Senior Commission Health Fair

RECOMMENDATION

Staff recommends that the Senior Commission select a date and time to host the Senior Commission Health Fair, and select an ad hoc subcommittee and/or working pairs to prepare for work on event logistics.

BACKGROUND

Summary

- The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm.
- At the November 3, 2025, Senior Commission regular meeting, the Commission added hosting another health fair in 2026 to the October 2025 – September 2026 work plan.
- The Senior Commission will need to select a date and time to host the next Senior Commission Live Well Age Well Health Expo and select an ad hoc subcommittee to work on event logistics.

Fiscal Impact

The budget for the event held on September 9, 2025 was as follows:

\$3,000 was budgeted for this event. The breakdown of costs was as follows:

- \$600 - reusable bags
- \$400 - banner
- \$900 - ads
- \$400 - A-frame sign
- \$700 - event supplies

The Town of Los Altos Hills sponsored the food. Staff will need to confirm if Los Altos Hills will sponsor the food again. If not, staff recommends increasing the budget to \$4,500 to accommodate food for the event. The budget for this event will be approved with the adoption of the FY 2026 – 2027 budget which is anticipated for June 2025.

The Senior Commission hosted the first Live Well Age Well Health Expo on Tuesday, September 9, 2025 from 12pm – 3pm. The summary of the event was as follows:

Please see below for a summary of the event:

Total Attendees: 250 – 300

Completed Bingo Cards: 75

Completed Feedback Surveys: 16

Additional Comments on Topic Suggestions

- Coordinate with surrounding cities for regional emergency preparedness.
- Provide info on where to look for help in various emergency situations (psychological/social support services that do not require insurance).
- Technology classes for seniors.
- Instructions on how to ride public transportation and where to find community transportation outlets (VTA).
- Education, TED Talks (similar), travel, music, and self-defense.
- Interested in financial topics: retirement, government programs, insurance offerings for seniors.
- Would like to see topics on aging: fall prevention, recognizing signs of cognitive decline, etc.
- Case management.

Additional Comments

- Bingo cards were great for engagement!
- Publish list of exhibitors & have expo longer.
- Nice mix of exhibitors!
- Exhibitors & lectures at same time were overwhelming. Not enough time to chat with exhibitors & attend presentations. (2 comments on this)
- Great expo! Suggestion to add info for younger generation to help older parents needs (prevention/emergencies).
- Enjoyed refreshments & gained information!

DISCUSSION

City staff reviewed the 2026 calendar schedules, for the September timeframe, for the Grand Oak Room, Sequoia Room, and Apricot Room at the Los Altos Community Center. City staff is recommending the dates below in the listed priority:

1. Tuesday, September 15, 2026 from 12pm – 3pm
This date is directly following the special Senior Commission meeting on Monday, September 14, 2026. In 2025 it was a benefit to meet just before the event to confirm

event details and logistics.

2. Tuesday, September 22, 2026 from 12pm – 3pm

As additional information, the city of Los Altos Parks & Recreation will be partnering with Avenidas to host the 2026 Caregiving Conference at the Los Altos Community Center on Saturday, October 3. Staff is recommending the Tuesday, September 15, 2026 to provide space between these 2 large events so they are not back to back.

Based upon participant feedback, staff recommends that the Senior Commission consider simplifying the event components by reducing the number of presentations. This will allow a longer timeframe and more in depth sessions, in addition to providing more time for participants to view the vendor exhibition.

The Senior Commission should select a date and time options to host the Senior Commission Health Fair, and should form an ad hoc subcommittee and/or working pair to prepare for work on event logistics. Timing of this work would follow preparation for the Spring Fling event currently scheduled for Friday, May 15, 2026 from 6pm – 9pm.

ATTACHMENTS

None



Senior Commission Staff Report

Meeting Date: March 2, 2026

Prepared By: Jaime Chew

Subject: Spring Fling

RECOMMENDATION

Receive update from staff and ad hoc subcommittee.

BACKGROUND

The Senior Commission successfully hosted a Halloween Fling in October 2025. At the November 3, 2025, Senior Commission regular meeting, the Commission indicated interest in hosting a Spring Fling in collaboration with Club 55 in 2026, and added this event to their Work Plan.

DISCUSSION

The Senior Commission should receive the update from staff and the ad hoc subcommittee.

ATTACHMENTS

None



Senior Commission Staff Report

Meeting Date: March 2, 2026

Prepared By:

Subject: Flyers

RECOMMENDATION

BACKGROUND

DISCUSSION

ATTACHMENTS

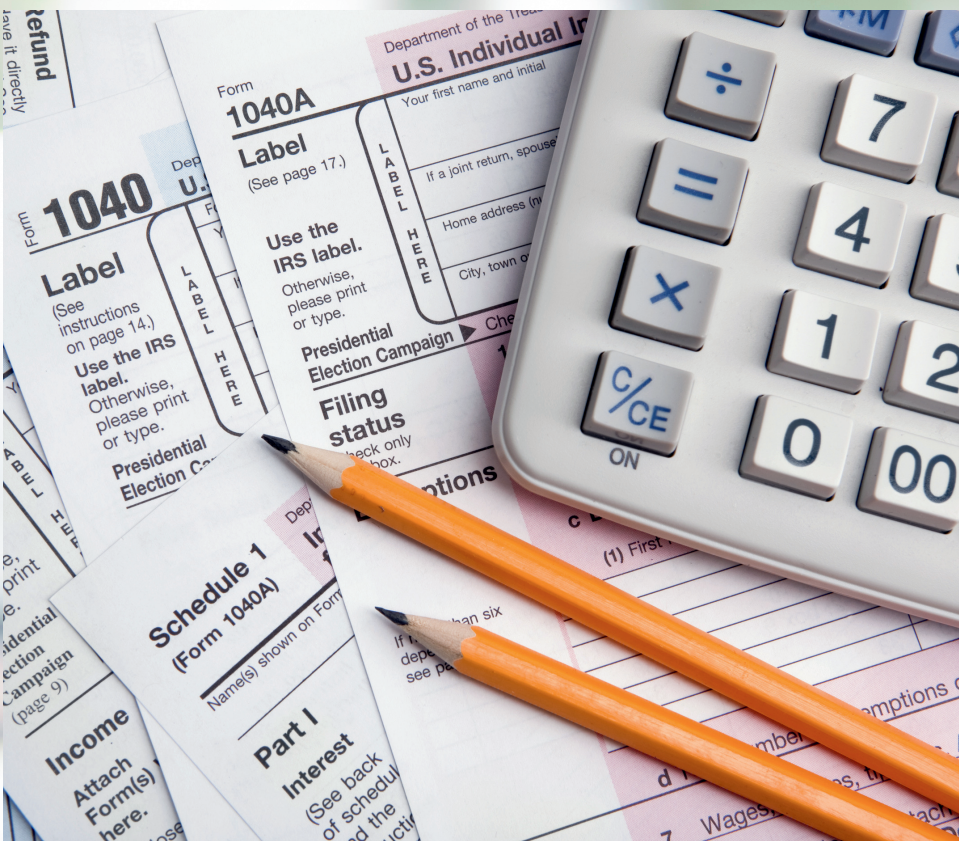
1. Attachment 1 - Tax Aide Service
2. Attachment 2 - SCC Older Adult Mental Health Focus Group
3. Attachment 3 - LAH drive-thru shred event
4. Attachment 4 - Family Fun Day_2026
5. Attachment 5 - LAH Hoppin Hounds 2026
6. Attachment 6 - Childcare Subsidy Program
7. Attachment 7 - Camp Jelly Bean_2026
8. Attachment 8 - RWG_2026
9. Attachment 9 - CIT_2026
10. Attachment 10 - City of Los Altos is Hiring
11. Attachment 11 - Summer Camp Hiring_2026

AARP TAX-AIDE PREPARATION

Appointments available Mondays
February 2-April 13

No appointments on President's Day

FREE!



Tax season is upon us and the Adult 50+ Program is here to assist with FREE tax preparation!

Those ages 50 and over with moderate income levels can prepare and e-file their California and Federal tax returns in-person with an IRS-certified volunteer. To learn more about scope of service visit aarp.org/money/

Please bring a valid photo ID, Social Security card, 2024 tax return, 2025 tax documents, and health care coverage information (if available).

This service is by appointment only. To learn more and register, visit losaltosca.gov/rec or call (650) 947-2797.



COUNTY OF SANTA CLARA
Behavioral Health Services

MENTAL HEALTH FOCUS GROUPS

**If you're 65 or older and
live in Santa Clara County,
we want to hear your thoughts!**

The county will be hosting focus groups on March 5th and 12th to get your feedback on a new mental health campaign. **Gift cards and snacks provided!**



***Scan this QR code to learn
more and sign up!***

Drive-Thru Shred Event

Saturday, March 21st, 2026

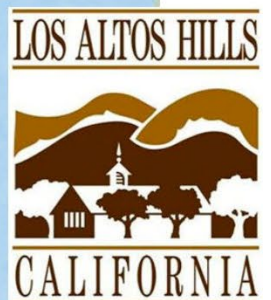
8 – 11 AM or until truck is full

Available to help residents destroy confidential documents. Residents may bring up to 15 standard file boxes to shred

Town Hall Parking Lot

26379 Fremont Road

Los Altos Hills, 94022





CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

10 AM -
1 PM

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FREE!

FEBRUARY

7

SPORTS SPECTACULAR

APRIL

18

TRAVEL & TRANSPORT

JUNE

6

SUMMER KICKOFF

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



santa clara
county
library district

Hoppin' Hounds

Biscuit Hunt

Learn more at



losaltoshills.ca.gov/register



Saturday, April 4
9:00-10:30 AM

It's the twenty-first annual Hoppin' Hounds Biscuit Hunt! You and your dog will hunt through Byrne Preserve in search of dog-healthy treats. \$10 per entry to support Pets In Need's Palo Alto Animal Shelter.

Byrne Preserve at Westwind Community Barn

27210 Altamont Road, Los Altos Hills

For more info, contact 650-947-2518
or esteta@losaltoshills.ca.gov
losaltoshills.ca.gov/register





City of Los Altos
Parks & Recreation

CHILDCARE Subsidy Program

The city of Los Altos is now offering a program to support Santa Clara County's initiative for affordable childcare. The program will provide 50% subsidy of the program fee up to \$10,000 per family household. Applications are accepted and approved on a first come first served basis until all funds have been allocated.

Eligibility:

- Residents of Los Altos or city of Los Altos employees
- Household meets HUD (Housing and Urban Development) income limits
- Participant must be preschool-age of 2 – 5 years old



Questions?

(650) 947-2790

Rec-Info@losaltosca.gov

Learn More

LosAltosRecreation.org

Or scan the QR code



**AGES
3.5 - 4
YEARS**

CAMP JELLY BEAN

Camp Jelly Bean is an introductory day camp especially designed for our youngest adventurers! This charming camp provides a natural and secure storybook setting for our littlest campers.



**6/15 - 6/18 | Under the Sea
6/22 - 6/26 | Superhero Training Camp
6/29 - 7/2 | Pirates and Princesses
7/6 - 7/10 | Little Chefs**

**(650) 947-2790 | rec-info@losaltosca.gov
LosAltosRecreation.org**

LOS ALTOS PARKS & RECREATION



REDWOOD GROVE SUMMER CAMP



ADVENTURE
THROUGH REDWOOD GROVE

**JUNE 15 -
AUGUST 7**

**REGISTER
HERE!**



**AGES
3.5 - 11
YEARS**



**OUTDOOR GAMES | STORYTELLING | MUSIC
CRAFTS | NATURE-BASED ACTIVITIES**

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LosAltosRecreation.org

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LOS ALTOS PARKS & RECREATION



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APPLY TO BE A SUMMER CAMP COUNSELOR- IN-TRAINING



CONNECT WITH OTHER TEENS AND BECOME A LEADER!

- Love summer camp, but are too old to attend?
- Looking for experience working with kids ages 3.5 - 11?
- Enjoy being outdoors and under the Redwood trees?
- Looking for volunteer experience?
- Are you 13 - 15 years old?

CAMP

APPLY TODAY!

Applications due Wednesday, April 29



(650) 947-2790 | rec-info@losaltosca.gov | LosAltosRecreation.org



CITY OF LOS ALTOS



WE'RE HIRING!

Join the city of Los Altos Parks & Recreation department in creating a vibrant and welcoming community! We're excited to announce that we are hiring for a variety of positions within our dynamic team.

- ★ Make a positive impact in the Los Altos community
- ★ Gain valuable experience in a fun environment
- ★ Flexible hours

apply
online
today!

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www.losaltosca.gov/jobs

hr@losaltosca.gov

Apply online at
LosAltosCA.gov/HR



LOS ALTOS PARKS & RECREATION

NOW HIRING SUMMER CAMP STAFF

FREE CPR
TRAINING

Lead our campers in crafts, games,
and nature-based activities

CAMP DIRECTOR

Senior Recreation Leader

\$20 – \$25

MUST BE 18+ TO APPLY

CAMP COUNSELORS

Recreation Leader

\$18.70 – \$21.50

MUST BE 16+ TO APPLY



*Pay based on experience

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Life
Better!

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LosAltosRecreation.org





Senior Commission Staff Report

Meeting Date: March 2, 2026

Prepared By:

Subject: Staff Oral Reports

RECOMMENDATION

BACKGROUND

DISCUSSION

ATTACHMENTS

None