



SENIOR COMMISSION MEETING AGENDA

November 3, 2025 - 3:30 PM
Los Altos Community Center, Sequoia Room

PARTICIPATION: Members of the public may participate by being present at the Los Altos Community Center, Sequoia Room, 97 Hillview Ave, Los Altos, CA 94022. Public comment is accepted in person at the physical meeting location, or via email to SCPublicComment@losaltosca.gov.

RULES FOR CONDUCT: Pursuant to Los Altos Municipal Code, Section 2.05.010 "Interruptions and rules for conduct": Understanding that the purpose of the commission meetings is to conduct the people's business for the benefit of all the people, in the event that any meeting of the commission is willfully interrupted by a person or group of persons so as to render the orderly conduct of the meeting impossible, the chair, vice chair, or any other member of the commission acting as the chair may order the removal of the person or persons responsible for the disruption and bar them from further attendance at the commission, or otherwise proceed pursuant to Government Code Section 54957.0 or any applicable penal statute or city ordinance.

REMOTE MEETING OBSERVATION: Members of the public may view the meeting via the link below, but will not be permitted to provide public comment via Zoom or telephone. Public comment will be taken in-person, and members of the public may provide written public comment by following the instructions below.

<https://losaltosca-gov.zoom.us/j/84290503442?pwd=FNVfx2ESod4u5UvHztK0dU6nNz2GZK.1>

Webinar ID: 842 9050 3442 / Passcode: 180265

Please note: Personal information, such as email addresses, telephone numbers, home addresses, and other contact information are not required to be included with your comments. If this information is included in your written comments, they will become part of the public record. Redactions and/or edits will not be made to public comments, and the comments will be posted as they are submitted. Please do not include any information in your communication that you do not want to be made public.

The Chair will open public comment and will announce the length of time provided for comments during each item.

AGENDA

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes**
Approve minutes of the special Senior Commission meeting of September 8, 2025.
2. **Senior Commission Reorganization**
Submit nominations and appoint a Chair and Vice Chair for 2025 - 2026 term year.
3. **2026 Senior Commission Meeting Schedule**
The staff recommends approval of the 2026 Senior Commission meeting schedule.
4. **Selection of Sourcewise Representative**
Select and recommend a representative to serve on the Sourcewise Advisory Council for a three-year term, to City Council for consideration and appointment.
5. **Live Well Age Well Health Expo Debrief**
Receive staff report, ad hoc subcommittee and working pair reports, and discuss what went well and what could be improved upon for a future event.
6. **Fall Fing Debrief**
Receive the staff, ad hoc subcommittee, and working pair reports, and discuss what went well and what can be improved upon for a future event.
7. **Work Plan**
Review 2024-2025 Work Plan and discuss 2025-2026 Work Plan.

INFORMATIONAL ITEMS

8. **Flyers**
Receive informational flyers

STAFF/COMMISSION/SUB-COMMITTEE REPORTS

9. **Staff Oral Reports**
Receive information and announcements from Town of Los Altos Hills and city of Los Altos staff

REQUESTS FOR FUTURE AGENDA ITEMS

ADJOURNMENT

SPECIAL NOTICES TO THE PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with 10 copies of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



Senior Commission Staff Report

Meeting Date: November 3, 2025

Prepared By:

Subject: Minutes

RECOMMENDATION

Approve minutes of the special Senior Commission meeting of September 8, 2025.

BACKGROUND

DISCUSSION

ATTACHMENTS

1. Attachment 1 - Draft Minutes of 9.8.2025



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, SEPTEMBER 8, 2025, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:30 P.M., Olson called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Basiji, Buchholz, Gallagher Thompson, Olson, and Trapnell

ABSENT: Dixit

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the regular Senior Commission meeting of August 4, 2025.

Public Comment: None

Action: Upon a motion by Buchholz, seconded by Trapnell, the Senior Commission approved the minutes of the regular meeting of August 4, 2025.

Approve: Basiji, Buchholz, Gallagher Thompson, Olson, and Trapnell

Oppose: None

Absent: Dixit

Abstention:

Motion passed unanimously: 5-0-1-0

2. **Senior Health Fair:** Receive ad-hoc subcommittee, working pair, and staff reports, and finalize event logistics for the Live Well Age Well Health Expo

Public Comment: None

Action: Received ad-hoc subcommittee, working pair, and staff reports, and finalized event logistics for the Live Well Age Well Health Expo.

3. **Fall Fling:** Receive staff and ad hoc subcommittee reports, discuss event logistics, and assign working pairs to continue planning event logistics for the Halloween Fling.

Public Comment: None

Action: Assigned the working pairs of Dolores Gallagher Thompson (food & refreshments, event layout & flow, games and activities), Bill Buchholz (local business for prizes), Nomi Trapnell (marketing), Kris Olson (games and activities).

INFORMATIONAL ITEMS

4. **Flyers:** Received informational flyers.

Public Comment: None

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

5. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and city of Los Altos staff.

Public Comment: None

6. **Future Agenda Items:**

- A. Fall Fling
- B. Work Plan
- C. Chair & Vice Chair election
- D. Sourcewise representative

Public Comment: None

ADJOURNMENT:

At 4:29 P.M., Monday, September 8, 2025, Olson adjourned the meeting.

Senior Commission Staff Report



Meeting Date: November 3, 2025

Prepared By: Jaime Chew

Subject: Senior Commission Reorganization

RECOMMENDATION

Submit nominations and appoint a Chair and Vice Chair for 2025 - 2026 term year.

BACKGROUND

The election of a Commission Chair and Vice Chair are governed by the Commission and Committee Handbook:

To facilitate meetings and the work of the Commission, each Commission appoints a Chair and Vice Chair from the members of the Commission. The positions of Chair and Vice Chair shall rotate annually. Selection of Chair and Vice Chair occurs at the first meeting in October. In the event of either's resignation or removal, the Commission shall elect another member to fill the remainder of the year. No member of the commission may serve consecutive terms as the chair, meaning that the chair must change annually.

The role of the Chair is to preside at Commission meetings and to run a timely and orderly meeting. The Vice Chair is to preside in the absence of the Chair. If both the Chair and Vice Chair are absent, the Commission may elect a Chair Pro Tem to conduct the meeting. It is incumbent upon the Chair to limit discussion and recommendations to those items on the agenda.

Any member of the Commission may serve as Chair and Vice Chair. The current Chair will ask for nominations for one position at a time. Any member may nominate a Commissioner to serve. Nominations do not require a second. Once nominations for the position are closed, the Commission will vote. If a majority of members approve, that member will serve as Chair or Vice Chair for the year.

Upon the conclusion of the election for Chair and Vice Chair, the person elected Chair will take over presiding over the meeting.

DISCUSSION

The Commission will need to submit nominations and appoint a Chair and Vice Chair for the 2025 – 2026 term year.

ATTACHMENTS

None

Senior Commission Staff Report



Meeting Date: November 3, 2025

Prepared By: Jaime Chew

Subject: 2026 Senior Commission Meeting Schedule

RECOMMENDATION

The staff recommends approval of the 2026 Senior Commission meeting schedule.

BACKGROUND

The Senior Commission regularly meets on the first Monday of each month at 3:30pm with no regular meetings scheduled during the months of July and December.

DISCUSSION

The proposed 2026 Senior Commission schedule can be referenced below.

Monday, January 5, 2026

Monday, February 2, 2026

Monday, March 2, 2026

Monday, April 6, 2026

Monday, May 4, 2026

Monday, June 1, 2026

Monday, August 3, 2026

Monday, September 7, 2026 – Cancelled due to Labor Day holiday

Monday, September 14, 2026 – Special Meeting

Monday, October 5, 2026

Monday, November 2, 2026

ATTACHMENTS

None

Senior Commission Staff Report



Meeting Date: November 3, 2025

Prepared By:

Subject: Selection of Sourcewise Representative

RECOMMENDATION

Select and recommend a representative to serve on the Sourcewise Advisory Council for a three-year term, to City Council for consideration and appointment.

BACKGROUND

Sourcewise is a 501 (c)(3) nonprofit organization that collaborates with Santa Clara County, state and local networks to provide access to programs, and information on support services for the aging population. The purpose of the council is to advise Sourcewise and its Board of Directors about the needs of older adults and disable persons in the county, to advocate on behalf of the most vulnerable and those of greatest need within the community, and to inform the community of resources and services available through Sourcewise. Sourcewise was previously known as the Council on Aging for Silicon Valley.

The advisory council operates under the authority of the federal Older Americans Act and the state Older Californians Act. Community organizations, county districts and local agencies within Santa Clara County are represented on this 37-seat advisory council.

Advisory council members are actively involved in the development, implementation, and monitoring of the Area Plan, which assesses unmet needs and identifies service goals and objectives. Members are also included in the evaluation of applications for grants for services such as nutrition, legal aid, and adult day care.

The most recently appointed representative was former Chair/Commissioner Jayne Cohen who was appointed in July 2024 and served until her recent resignation. Prior to that, the previous Los Altos representative served approximately 5 years ago, and was a member of the Los Altos Senior Commission.

It is not required for advisory council members to be residents of the City, but should be part of, or actively engage with senior coordinating councils in their communities. They should also actively engage with advocacy organizations, elected officials, and the general public for the purpose of increasing awareness of issues of concern to older adults and disabled persons.

Sourcewise advisory council member terms are three years, beginning July 1, and may renew for one additional term. The advisory council meetings currently take place via Zoom on the 1st Monday of each month, between 12pm – 2pm. Los Altos Senior Commission meetings are the 1st Monday of each month at 3:30pm.

At the April 30, 2024, Los Altos City Council meeting, Council provided direction for the Senior Commission to recommend a representative for City Council consideration and appointment. The representative could be a Senior Commissioner or a community member.

DISCUSSION

The Senior Commission will need to need to select and recommend a representative to serve on the Sourcewise Advisory Council for a three-year term, to City Council for consideration and appointment.

ATTACHMENTS

None

Senior Commission Staff Report



Meeting Date: November 3, 2025

Prepared By: Jaime Chew

Subject: Live Well Age Well Health Expo Debrief

RECOMMENDATION

Receive staff report, ad hoc subcommittee and working pair reports, and discuss what went well and what could be improved upon for a future event.

BACKGROUND

At the September 9, 2024, Senior Commissioner special meeting, the Commission approved hosting a Senior Commission Health Fair event in 2025. On January 6, 2025, the ad hoc subcommittee of Commissioners Basiji, Buchholz, and Gallagher Thompson was formed to manage the overall coordination of the event. City staff has reserved the Grand Oak Room, Sequoia Room, Manzanita Room, and Apricot Room to facilitate the various elements of the event.

The ad hoc subcommittee virtually met with Amanda Hui, Recreation Coordinator for the City of Cupertino to learn best practices to potentially be implemented in the Senior Commission's event. She coordinated the Health Expo held on Friday, May 9, 2025, from 10am – 1:30pm.

At the April 7, 2025, Senior Commission regular meeting, the Commission made the following determinations for event elements:

- Vendor showcase will be hosted in the Grand Oak Room
- Speakers/Presentations will be hosted in the Sequoia Room, Manzanita Room, Apricot Room
- Presentations will be broad overviews of prioritized topics, 30 minutes for the presentation, 10 minutes for Q&A, and 10 minutes for transition time
- Preferred topics are:
 - Overview of preventing/delaying dementia/cognitive decline
 - Importance of nutrition – eating for a healthy brain
 - Importance of movement/activity/exercise
 - Importance of healthy sleep habits
 - Importance of social connectedness
 - Caring for the caregiving
 - Public safety – police and fire

The following working pair were assigned:

- Contacting vendors – Dixit, Olson
- Food/refreshments – Dixit, Gallagher Thompson
- Event layout & flow – Buchholz, Dixit
- Marketing – Olson, Trapnell
- Give Away – Olson, Trapnell

At the June 2, 2025, Senior Commission regular meeting, the Commission approved the following:

- Event title would be “Live Well Age Well Health Expo”.
- The preferred marketing banner location would be San Antonio/El Camino Real.
- Preferred giveaway was a reusable bag.
- Confirmed that Los Altos Hills would sponsor the food for the event.

The following presentations were presented at the event:

Location: Sequoia Room, Manzanita Room, Apricot Room

12:10 – 12:50pm

- Healthy Aging & Your Brain, Nusha Askari, Ph.D.
- Jazzercise Los Altos & Sunnyvale Demonstration, Nisa Leone
- Raising Awareness on the Most Common Scams, Angela Alvarado, Community Services Officer

1:10 – 1:50pm

- Caring for the Caregiver: Tools for Stress & Cognitive Wellness, Sherry Beaudreau, Ph.D.
- Be Ready: Be Prepared for Disasters, Jennifer Ceynowa, Community Risk Specialist
- The Power of the Phone – Solutions for Loneliness, Laura Steurer, Founder & Program Director of Friendly Voices

2:10 – 2:50pm

- Paths to Healthy Aging, Focusing on the Aging Brain, Mehrdad Ayati, MD
- Jazzercise & Core Strength Training Demonstration, Barbara Peterson
- Solving the Caregiving Puzzle, Linda Conover, MA Educational Psychology

The following vendors participated in the event:

- AARP

- Los Altos Parks & Recreation
- Avenidas
- Chinese Health Initiative
- El Camino Health
- enABLE Care Management
- Friendly Voices
- Jazzercise – Nisa Leone
- MidPen Open Space
- Los Altos Police Department
- BridgePoint
- Los Altos Library
- Starlight Caregivers
- Stanford Health
- Sourcewise
- Resilient Los Altos
- Santa Clara County Fire Department
- Family Matters In-Home Care
- Anew Vista
- South Asian Heart Center
- Friends of Edgewood
- Hidden Villa
- Santa Clara County Public Health Department
- Jazzercise – Barbara Peterson
- CADRESV Santa Clara County
- Mobilitycity

Marketing efforts included:

- Flyers, 8.5x11
- Posters, 11x17
- A-frame signs
- Banner
- Town Crier ads
- Social media posts
- Los Altos Community Center monitor ads
- Website listing
- E-newsletters – Parks & Rec and City Manager

General logistics for the event were as follows:

- Event set up began at 10am.
- Vendor set up occurred between 11:30am – 12pm.
- Welcome & opening remarks were shared by Vice Mayor Neysa Fligor 12pm in the

Grand Oak Room.

- Additional staff and volunteers were stationed to support: room monitors, AV needs, food/beverage replenishment, etc.
- The chance drawing for those that complete the BINGO card by visiting various vendors in the vendor exhibit was completed following the event. All prizes have been distributed.
- Clean up was completed at 3pm.

\$3,000 has been budgeted for this event. The breakdown of costs was as follows:

- Reusable bags - \$600
- Banner - \$400
- Ads - \$900
- A-frame signs - \$400
- Event supplies - \$700

DISCUSSION

Please see below for a summary of the event:

Total Attendees: 250 – 300

Completed Bingo Cards: 75

Completed Feedback Surveys: 16

Summary of Surveys - Age Friendly Domain and # of Respondents

Outdoor Spaces & Building - 6

Transportation - 1

Housing - 1

Social Participation - 7

Respect & Social Inclusion - 3

Civic Participation & Employment - 4

Communication & Information - 6

Community Support & Health Care Services - 12

Emergency Preparedness - 7

Other - 3

Additional Comments on Topic Suggestions

- Coordinate with surrounding cities for regional emergency preparedness.
- Provide info on where to look for help in various emergency situations (psychological/social support services that do not require insurance).
- Technology classes for seniors.
- Instructions on how to ride public transportation and where to find community transportation outlets (VTA).
- Education, TED Talks (similar), travel, music, and self-defense.

- Interested in financial topics: retirement, government programs, insurance offerings for seniors.
- Would like to see topics on aging: fall prevention, recognizing signs of cognitive decline, etc.
- Case management.

Satisfaction of Topics

Satisfaction and # of Respondents

Very Dissatisfied - 1

Dissatisfied - 0

Neutral - 0

Satisfied - 5

Very Satisfied - 8

Additional Comments on Satisfaction

- Bingo cards were great for engagement!
- Publish list of exhibitors & have expo longer.
- Nice mix of exhibitors!
- Exhibitors & lectures at same time were overwhelming. Not enough time to chat with exhibitors & attend presentations. (2 comments on this)
- Great expo! Suggestion to add info for younger generation to help older parents needs (prevention/emergencies).
- Enjoyed refreshments & gained information!

The Senior Commission should receive and discuss the staff, ad hoc subcommittee, and working pair reports, and debrief the Live Well Age Well Health Expo to determine what went well and what should be considered to improve a future event.

ATTACHMENTS

1. Attachment 1 - Commissioner Feedback

Commissioner Comments - Live Well Age Well Health Expo

Commissioner Trapnell

- In general the Fair was very good and well attended but we could make some improvements for next time.
- The attendance at some of the presentations was spotty e.g. the Manzanita first presentation only had 2 attendees, the second one had around 10 and the third session around 6; this could be explained by the fact that there were two sessions on the same topic (Jazzercise); we should make sure that presentations are more interesting to attendees
- There should be more guidance provided so that people know there are presentations available and the place/time for them (signs and or announcements to encourage more attendance); some people I know who attended were not aware that there were any presentations available.

Commissioner Buchholz

- NOTE: I am writing this from the perspective of a paid public speaker and health educator.
- Talk scheduling: Not enough time to speak. Need at least 45min and Q&A time; i.e. 55-60min. Hence, only time for 2 talks per room. This leaves adequate time for vendors and transitions. It also allows for panel discussion if desired. Speakers cannot give an impactful talk if they only have 30 min+
- The overall purpose of the event (to me) emphasized social interaction either with vendors, other attendees or possibly speakers. The showcase for the Los Altos Community center was important. If the primary goal is teaching and influencing listeners to make wise choices, this should be evident in marketing and with the nature of talks given.
- Most visited areas either offered food, candy, or give-aways. These are good/necessary inducements for people to visit a location. (Mandarin oranges and chocolate were popular.) Most of the people there remained standing and didn't seem to sit down (except to eat). The exception was mainly during talks where audiences varied from half dozen to 30+. Dr. Ayati was especially popular.
- A/V equipment or at least the use of it was a problem. Given the laptops were both Mac and PC, different equipment should be available and speakers encouraged to have their slides on thumb-drives. Dedicated "techies" should be available to help presenters.

- Staff should go around soliciting ideas for future Expos. Flyers to fill out offering feedback on the event can be passed out. Handing them out with a piece of candy (paper and chocolate works) may increase response rate.
- My overall assessment is that this event was very successful. I don't know the specific headcount but the people I saw seemed to be happy or at least satisfied. There were both younger than and older than 50+. Perhaps individual interviews with attendees would also solicit useful information.



Senior Commission Staff Report

Meeting Date: November 3, 2025

Prepared By: Jaime Chew

Subject: Fall Fling Debrief

RECOMMENDATION

Receive the staff, ad hoc subcommittee, and working pair reports, and discuss what went well and what can be improved upon for a future event.

BACKGROUND

At the February 3, 2025, Senior Commissioner regular meeting, the Commission approved hosting a Halloween Fling event in 2025. Additionally, the ad hoc subcommittee of Commissioners Olson, and Trapnell was formed to manage the overall coordination of the event. City staff has reserved the Grand Oak Room and courtyard to facilitate the various elements of the event.

The city will provide the following event support:

- Grand Oak Room and courtyard
- Room set up to include tables, cocktail tables, chairs, tablecloths
- DJ
- Decorations
- Games and activities
- Food
- Pre-registration process
- Standard city marketing (webpages, e-newsletters, Community Center monitors, social media, flyers, posters, ad)

General logistics for the event were as follows

- Drinks were coordinated by Club55.
- Event set up began at 4:30pm and was completed by city staff.
- DJ and Club55 set up occurred between 5pm – 6pm.
- Food prep began at 5:15pm and was completed by city staff

\$2,250 has been budgeted for this event. The breakdown of costs was as follows:

- Drinks & event supplies - \$1,000
- DJ - \$500
- Food - \$750

DISCUSSION

Please see below for a summary of the event:

Total Attendees: 76

- CivicRec (advanced registration & payment through Parks & Rec) – 27
- Club55 (RSVP'd via Club55 and paid at the door) – 13
- Drop in (signed in and paid at the door) - 36

The Senior Commission should receive the staff, ad hoc subcommittee, and working pair reports, and discuss what went well and what can be improved upon for a future event.

ATTACHMENTS

1. Attachment 1 - Commissioner Feedback

Commissioner Comments – Fall Fling

Commissioner Trapnell:

- There were several other Los Altos events competing for attention e.g.
 - the Los Altos Wine Stroll is the same date/time
 - there is another similar event the next day at the LACC
 - the Newcomers have their October event the same date/time
- October is a popular month and we should investigate/coordinate with other groups to set the 2026 date for our next Fall Fling.



Senior Commission Staff Report

Meeting Date: November 3, 2025

Prepared By:

Subject: Work Plan

RECOMMENDATION

Review 2024-2025 Work Plan and discuss 2025-2026 Work Plan.

BACKGROUND

DISCUSSION

ATTACHMENTS

1. Attachment 1 - 2024-25 Work Plan
2. Attachment 2 - 2025-26 Work Plan_Excel

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes
Outdoor Spaces and Building						
Transportation	Write a letter to El Camino Healthcare District Board regarding the RoadRunner Program	November 2024	Community input	Completed	Buchholz, Gallagher Thompson	Individual letters were written in lieu of a formal letter due to Council being the legislative body that should approve a letter being sent by the city
Housing						
Social Participation	Collaborate with Adult 50+ staff to increase participation in programs and activities	October 2024		Completed	Nagao, Olson	
	Collaborate with Club 55 and Adult 50+ Program to expand the October Club 55 event to a Halloween themed Fall Fling	October 2025	Commission	Completed	Ad Hoc Subcommittee Olson, Trapnell	event overview
				Completed	Working Pair Club 55, Gallagher Thompson	food/refreshments
				Completed	Working Pair Gallagher Thompson, Olson	activities
				Completed	Working Pair Trapnell	marketing

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

				Completed	Working Pair, Buchholz	prize donations
	Collaborate with Club 55 and Adult 50+ Program to host a Spring Fling in April	April 2026	Commission			Planning of this event will be based upon the Fall Fling
Respect and Social Inclusion						
Civic Participation and Employment						
Communication and Information						
Community Support and Health Care Services	Host a Health Fair	September / October 2025	Commission	Completed	Ad Hoc Subcommittee Basiji, Buchholz, Gallagher Thompson	Two dates have been reserved at the Los Altos Community Center 1. Tuesday, September 9 2. Tuesday, October 7 Final date will be based upon availability of speakers and vendors
			Commission	Completed	Working Pair Dixit, Olson	Contact vendors
			Commission	Completed	Working Pair Dixit, Gallagher Thompson	Work with city staff on refreshments for the event
			Commission	Completed	Working Pair Dixit, Buchholz	Work with city staff on event layout and flow

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

			Commission	Completed	Working Pair Olson, Trapnell	Work with city staff on marketing content creation
			Commission	Completed	Work Pair Olson, Trapnell	Work with city staff on give away
Emergency Preparedness						

Senior Commission
2024 - 25 Work Plan
(October 2024 - September 2025)

October 7, 2024	November 4, 2025	December - No Meeting	January 6, 2025	February 3, 2025	March 3, 2025
Reorganization	Work Plan		Work Plan	Work Plan	Health Fair
Age Friendly Action Plan	Meeting Schedule		Health Fair		Fall Fling
Work Plan	Health Fair				
Transportation Alternative Options to RoadRunners	Age Friendly				

April 7, 2025	May 5, 2025	June 2, 2025	July - No Meeting	August 4, 2025	September 8, 2025
Health Fair	Health Fair	Health Fair		Health Fair	Health Fair
Fall Fling	Fall Fling	Fall Fling		Fall Fling	Fall Fling

Senior Commission
2025 - 26 Work Plan
(October 2025 - September 2026)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes

Senior Commission
2025 - 26 Work Plan
(October 2025 - September 2026)

October 6, 2025	November 3, 2025	December - No Meeting	January 5, 2026	February 2, 2026	March 2, 2026
No Meeting					

April 6, 2026	May 4, 2026	June 1, 2026	July - No Meeting	August 3, 2026	September 14, 2026
---------------	-------------	--------------	-------------------	----------------	--------------------



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

10 AM -
1 PM

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FREE!

AUGUST

9

SUPERHEROES

OCTOBER

25

HALLOWEEN HOOPLA

DECEMBER

13

WINTER WONDERLAND

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



santa clara
county
library district



BOCCE BALL

Age 50+ Play

Free

Enjoy free, recreational bocce with both courts reserved exclusively for our age 50+ community.

THURSDAYS

9 AM-12 PM

Los Altos Community Center

Bocce Ball Courts, 97 Hillview Avenue

QUESTIONS?

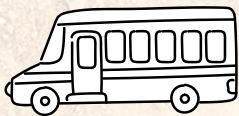
adult50plus@losaltos.ca.gov

or call (650) 947-2797

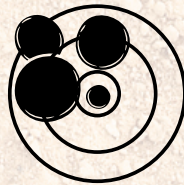
LOS ALTOS ADULT 50+ PROGRAM

CAMPO DE BOCCI MINI-TRIP

Don't let your bocce skills collect dust this winter. Join the Adult 50+ Program for a playful winter outing to Campo di Bocce - Los Gatos!



**Transportation
Provided**



3 Private Courts



**Light Bites &
Refreshments**

WEDNESDAY, FEBRUARY 4 • 9 AM-1 PM

PREMIERE PASSPORT MEMBERS \$52 • ALL OTHERS \$65

AGE: 50+ REQUIRED



(650) 947-2797 | Adult50Plus@losaltosca.gov | LosAltosRecreation.org

BARN LIGHTING



Sunday, December 7
2:00 - 5:00 PM



WESTWIND COMMUNITY BARN
27210 ALTAMONT ROAD